



A lifestyle focused around you

Maryland HealthCare is a new and unique facility situated in the picturesque Castlereagh Hills, Belfast, a tranquil, semi - rural environment located 5.8miles from Belfast City Centre, 4miles from Comber, and 8miles from Newtownards.

Our Nursing Healthcare Centre offers 24-hour nursing care for the needs of Residents who need: Dementia, Elderly, Physical Disability or Palliative care. This new nursing care service providing quality and standards of 'person centred care' for Residents opened in September 2017.

Maryland is an elegant purpose-built property offering 84 spacious en suite private rooms in four suites of twenty rooms plus. Bedrooms are nearly twice the size of standard nursing home bedrooms, giving an almost apartment feel to individual rooms.

The layout and relaxed homely atmosphere encourages residents to enjoy Maryland whilst recognising their rights, privacy, dignity, choice, individuality and independence in a secure and friendly community environment.

The building is set within the most beautiful natural enclosure, which will include therapeutic gardens, sensory gardens, secure gardens, orchard, soft fruit area, allotments, kitchen garden, contemplation garden, livestock meadow and wildlife supporting flora.





Healthcare Team

Our senior healthcare staff will talk with the Resident, their Family / Friends / Carers / GP to find out about your needs. We then assist in generating an individual 'Person Centred Care Plan' care plan tailored to the Resident. Care plans are then reviewed regularly.

Our 24hr Nursing Care not only caters for your planned care but, also for those unexpected moments when you might need some assistance.

Maryland Healthcare is split into 4 Units of between 20-22 beds each. In addition to an overall Director of Nursing, each Unit has a dedicated Unit Manager. Within the Unit Managers team there are Staff Nurses, Healthcare Supervisors, Senior Healthcare Assistants, Healthcare Assistants and Ancillary Staff. This creates smaller, more homely atmosphere within the smaller Units.

Nursing Care Units – Service Provision:

- Dementia Care
- Elderly / Old Age Care
- Physical Disability Care
- Palliative / Terminal Illness Care

Long Term Permanent placements are available for all Nursing Care categories at present.

Respite / Short Term placements are available on request, but are subject to availability at the time.



Enjoying life as you know it

At Maryland our enthusiastic team of Healthcare / Activity co-ordinators provide a range of activities to complement your person centred care. As well as being fun and to fulfill your interests for example gardening, we provide a wide range of activities to help support physical and mental dexterities.

Residents can access church services via internet.

Residents are also encouraged to pursue their own hobbies and interests, where possible or maybe try something new.

Mealtimes are an important part of our Resident's day. Our experienced Catering Manager and Staff help create balanced and nutritious homemade meals using fresh local ingredients. Shortly after admission a member of the catering department will meet with each Resident to discuss their personal food preferences or dietary needs.

Residents are encouraged to eat in the dining room in each Unit or if they prefer they can eat in their own room.

Breakfast from - 9.00 - 10.00am

Lunch from - 12.30 – 1.00pm

Evening Meal - 5.00 – 6.00pm

Hot & Cold Beverages and snacks are available throughout the day and night.

A Visitors Café is located just off Reception for the use of visiting Family / Friends / Carers and is for use by everyone. The Café opens out onto the internal garden area, where Dexter the rabbit resides.



Our laundry and housekeeping staff maintain high standards throughout the building. Your room will be cleaned daily. An onsite laundry is available and any specialist cleaning of clothes can be arranged by your family / friends.

Expectations

Maryland HealthCare is a unique building; which exceeds expectations in all areas of environment:

- Located on a 5.5 acre site with generous internal and external space
- Bedrooms & En-Suites are nearly twice the size of standard nursing homes
- Visitors Cafe, Hairdressing & Beauty salon, Activity / Cinema Room
- Physiotherapy Room, Physiotherapy Kitchen, Treatment / Clinical Rooms
- All Resident areas are located on the ground floor only – easy access, continuous flooring
- External environment of gardens, orchards, for stimulation & enjoyment
- Pets on site include, Dexter the rabbit, Sugar the miniature pony, Shay the Dog and many more

Assessment & Fees

To ensure the right Nursing Care package is achieved for the Resident, a 'Pre Assessment' visit is arranged with the Resident by a qualified and experienced member of the Maryland Healthcare team. This will involve close Family / Relatives / Friends / Carers direct feedback, in order to achieve a good representation of nursing and holistic care requirements.

Maryland Healthcare Fees are then based on individual care needs identified in the assessment. Residents may be eligible for financial help towards the cost of care, this will be determined through the local Health & Social Care Trusts (information is available on signposting the appropriate channels to navigate the guidelines and processes that surround placement)

If you would like to arrange a visit to view Maryland Healthcare, please do not hesitate to contact us, as we would be delighted to show you around our New Healthcare Facility:

Website: www.marylandhealthcare.co.uk
Tel: 02890 448797
Email: info@marylandhealthcare.co.uk

Address: Maryland HealthCare
95 Knockbracken Road
Castlereagh, Belfast
BT6 9SP

